



Evaluating the Perceptions of Disordered Eating in Men and its Impacts on Health-Seeking Behaviors

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Introduction

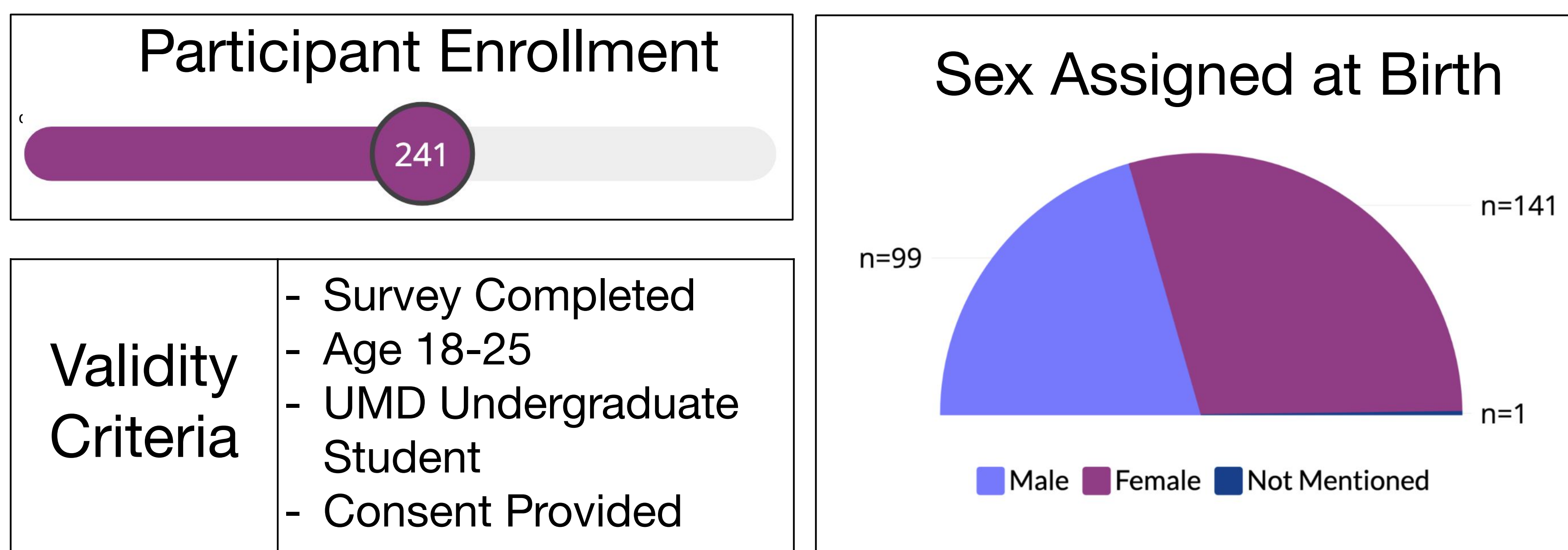
- Men across various identity groups are underrepresented in the current literature surrounding disordered eating (DE)
- DE captures all maladaptive attitudes and behaviors around food consumption, including those that are below the threshold for diagnosis of an eating disorder
- *SWAG refers to skinny, affluent, white girls



Research Question

How do perceptions of disordered eating impact health-seeking behaviors among men?

Study Sample

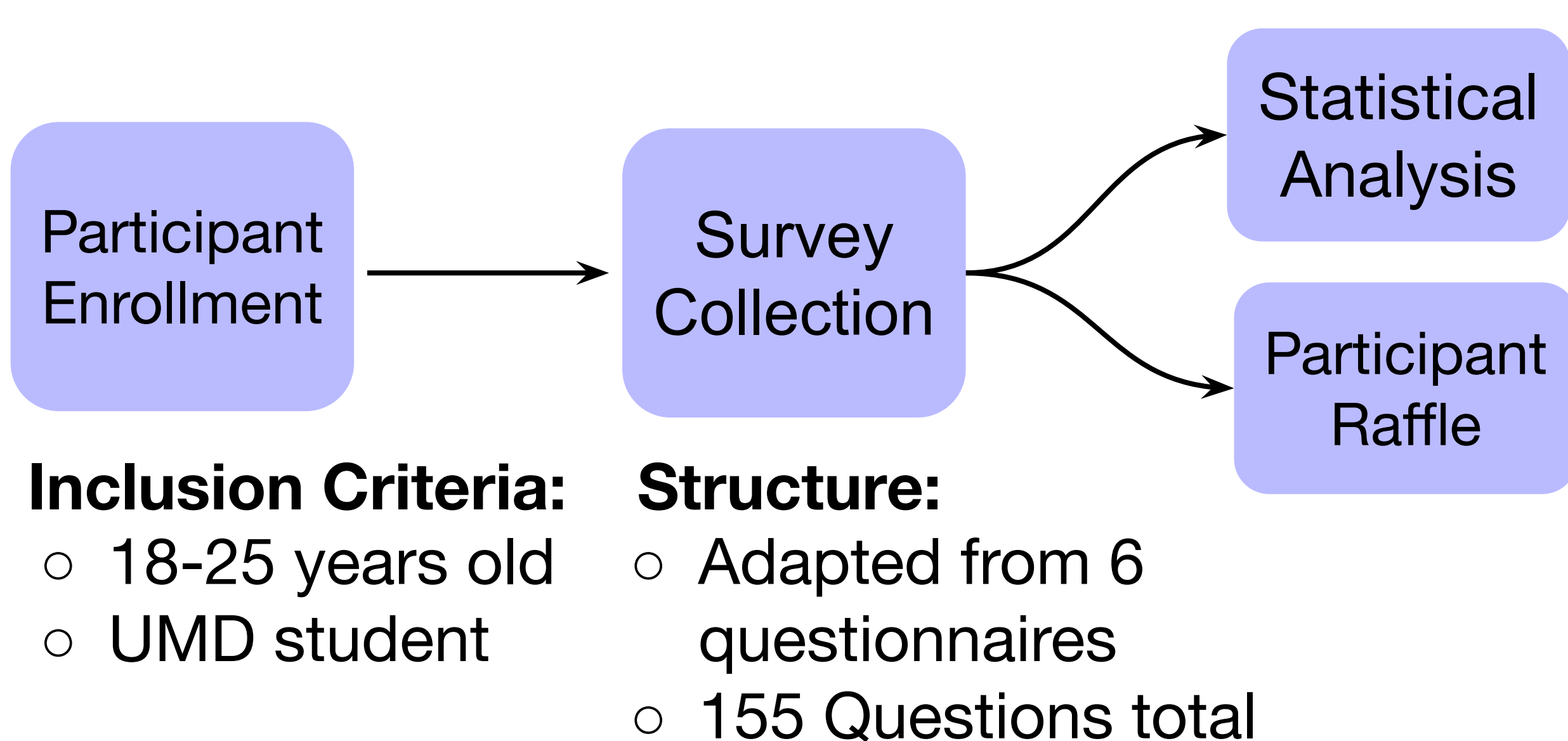


Analysis and Dissemination

- SPSS to analyze survey responses
 - Observe differences between male/female disordered eating behaviors and impacts of stigma, barriers, perceptions, and attitude toward help-seeking
- Serving the community by informing:
 - Better methods of intervention
 - Tools for stigma reduction
 - Ways to raise awareness about eating disorders in men
 - Clinicians and researchers about signs and symptoms and how they present differently for men

We are aiming to publish our findings through a series of manuscripts in Spring 2024

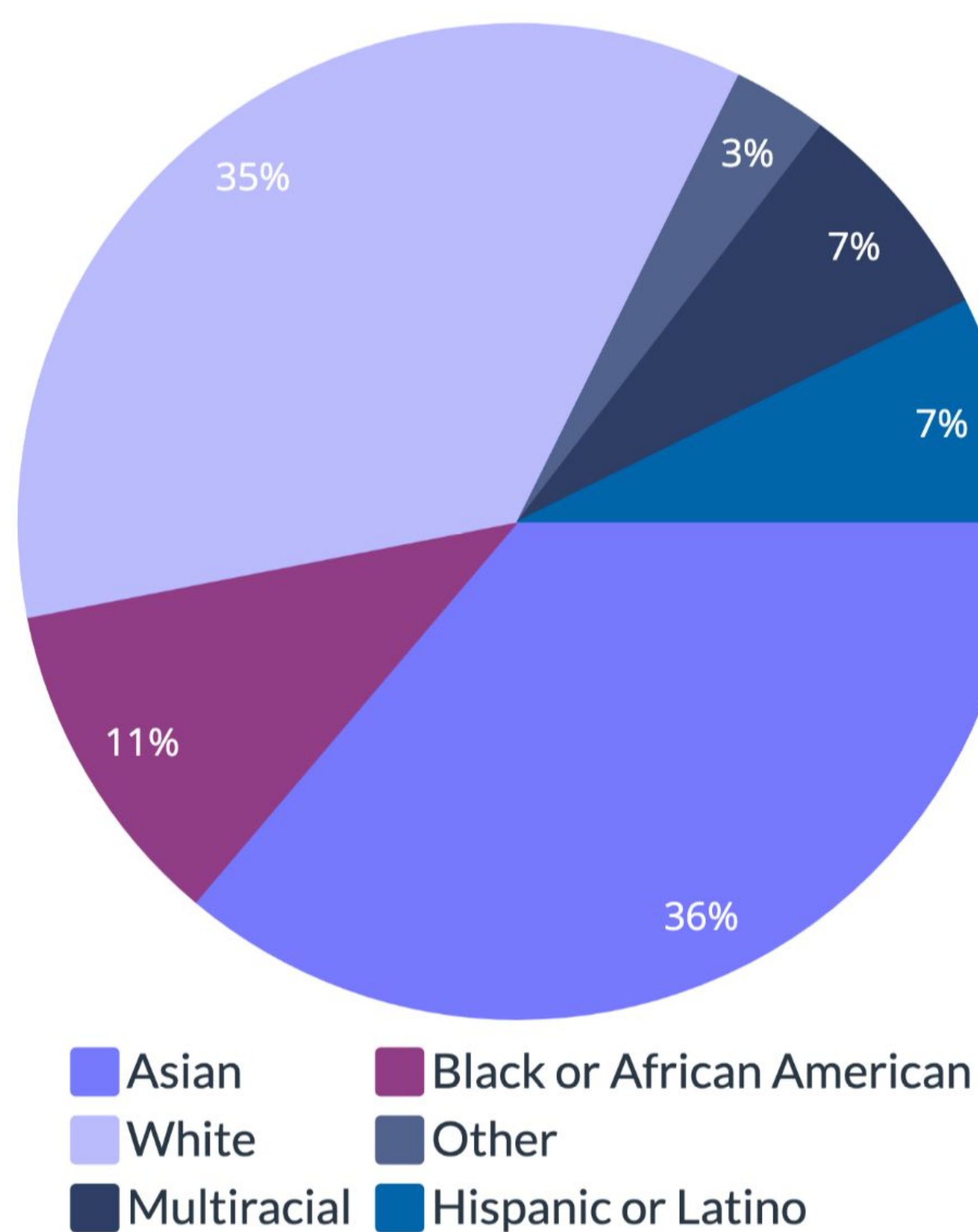
Methods



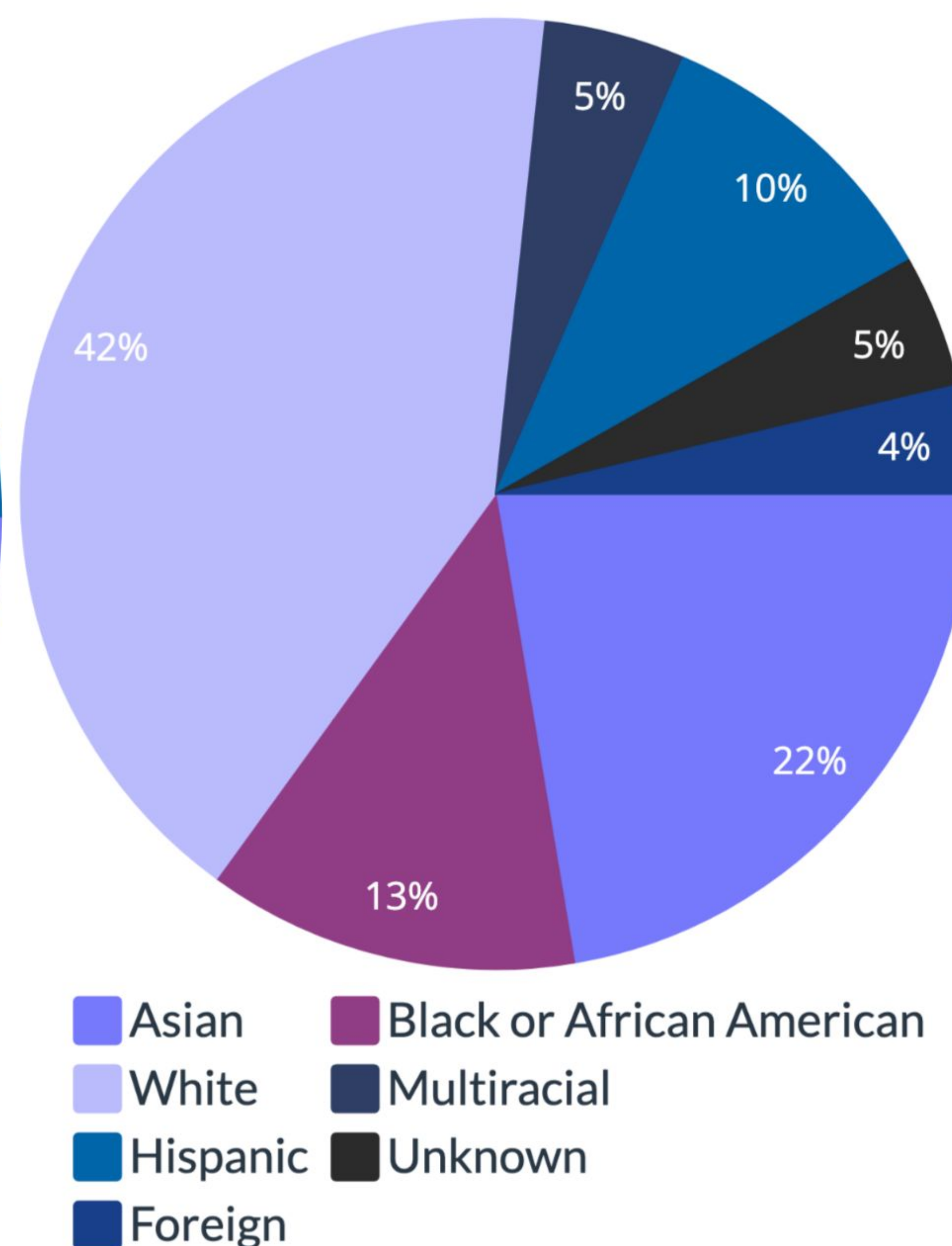
Survey Sections



Study Racial Demographics



UMD Undergraduate Population



Acknowledgements

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References



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